# Regular screening and checkups can prevent an emergency

## **Breast Care Clinic**

at Neotia Bhagirathi Woman and Child Care Centre, New Town

As you age, it is essential to take care of your breasts so that you can prevent several diseases which also includes cancer. Breasts are of different shapes, sizes and will change from adolescence to menopause. Breast lumps, cysts, mastitis or painful breasts can occur in women at different stage of their lives. It is essential to know what causes these changes, when they occur and what treatments are available.

#### Look for...

- ✓ A change in size or shape of your breast
- Nipple discharge that happens without squeezing
- A change to the nipple like redness, crusting or an inversion
- A change to the skin of your breast

#### Feel for

- A new lump or lumpiness, especially if it's only in one breast
- An unusual pain in your breast or axillary that doesn't go away

#### What is Breast Care Clinic?

According to surveys, 1 in every 8 women has a chance of breast cancer in her lifetime. Breast Care Clinic at Neotia Bhagirathi Woman and Child Care Centre, Newtown aims to encourage every woman to be pro-active in the self-breast examination and to provide comprehensive services for any breast related disorders. Every woman can receive the following specialised services in the clinic.

- Consultation for all breast-related issues
- Clinical Breast Examination (CBE)
- Ultrasound Screening for Breast
- Mammography
- Biopsy (a needle test to confirm the diagnosis)
- Awareness through education.

### \*Special package available for Breast Care Clinic

Schedule a Consultation Today!

Monday-Saturday – 11 AM - 1 PM | For appointment contact - +91 62921 49133

Kindly make prior appointments

caring about your care





- Centrally located in New town with easy access to the airport 9 storeys, 125 beds, state-ofthe-art hospital
- Served by 75% women staff
- Adult ICU, NICU (Neonatal ICU) & PICU fully equipped to provide critical, sensitive and expert care
- Progressive healing techniques like 'Music Therapy' combined with modern medicine
- LAMAZE expert childbirth and care classes





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