



5 SIGNS YOU SHOULD RUSH YOUR CHILD TO URGENT CARE

It is only natural that children will often fall sick or get minor injuries. Most of the time these can be managed at home or during a routine doctor visit. However, there are certain situations when waiting is not safe or advised. Recognising warning signs early can make a significant difference in preventing complications and ensuring timely treatment. Read on to know about five important signs that indicate your child needs urgent medical attention.

Difficulty Breathing

If your child is breathing very fast, struggling to inhale or exhale, making wheezing or grunting sounds or you notice the skin between the ribs pulling in with each breath, seek urgent care immediately. Bluish lips or fingertips are especially alarming and require immediate medical evaluation, as they may signal low oxygen levels.

High or Persistent Fever

While a fever is common in childhood, in certain cases it is concerning. Infants under three months with any fever, children with temperatures above 102–103°F (39–39.5°C) or fever lasting more than two to three days should be seen urgently. Fever accompanied by rash, seizures, extreme irritability or lethargy also cries out for immediate attention.

Severe Injury or Uncontrolled Bleeding

Falls, sports injuries or accidents can lead to fractures, deep cuts or head injuries. If bleeding does not stop after applying firm pressure for 10



minutes, if a limb looks deformed or if your child loses consciousness urgent care is a must. Head injuries followed by vomiting, confusion or drowsiness are particularly serious.

Persistent Vomiting or Diarrhoea with Dehydration

Repeated vomiting or diarrhoea can quickly lead to dehydration in children. Warning signs include very dry lips, sunken eyes, reduced urination, unusual sleepiness or crying without tears. Dehydration can escalate rapidly and should never be ignored.

Sudden Behavioural Changes or Extreme Drowsiness

Children are usually active and responsive. If your child becomes unusually quiet, difficult to wake, confused or shows sudden personality changes, it could indicate infection, head trauma or metabolic issues.

To sum up, it is always safer to seek urgent medical care rather than wait. Quick action not only provides relief but can also prevent minor issues from turning into major emergencies.